

# TERESA ROIG

ACTRESS, DANCER AND DIRECTOR

## PROFESSIONAL PROFILE

### ABOUT ME

Actress and creator with a passion for storytelling from every angle: performing, directing, and teaching. I've worked on stage, film sets, and television series, and I split my time between Madrid and Barcelona. I'm enthusiastic about teamwork, emotional challenges, and keep growing as an artist and as a person.

### EXPERIENCE

#### FILM

"The Heiress" – Dir. Andrea Meral. US-Spain Co-production (Beehive Films-Tantor Films). Role: Co-starring Mother.  
"Story Man" – Dir. Carlos Tamayo – Role: Clara.  
"La despedida" – Dir. Sergio Vizcaíno – Role: Monique.  
"La barbacoa" – Dir. Enric Urrutia – Released in Barcelona and Madrid cinemas.

#### TELEVISION

"Com si fos ahir" – TV3 – Supporting role  
"Centro Médico" – TVE – Role: Olga Merino  
"Alakrana" – Dir. Salvador Calvo – TELECINCO  
"El cor de la ciutat" – TV3 – Role: Social worker  
Starring in commercials for brands such as Fairy, La Caixa (dir. Isabel Coixet), Activia, Vodafone, Bosch...

#### THEATRE (selection)

"Macbeth". Dir: Tamzin Townsend. Assistant Director. GREC  
"Relatos Borrachos". Dir: Daniela Alvarado – TEATRENEU  
"Haría cualquier cosa por ti". Staged reading at SALA BECKETT  
Own production: "The Emperor's New Suit", TEATRENEU  
"Asesinas" – TANTARANTA BARCELONA. Actress and director.

### SKILLS

Languages: Spanish (native), Catalan (native), English (advanced)  
French (basic)  
Theatrical fencing instructor  
Tap, flamenco, and Bollywood dancer  
Saxophonist (live performances)  
Theatre teacher (children and adults)  
Boxing  
Fencing  
Motorcycle and car driver's license

### ACTING AND ARTISTIC TRAINING

Master's Degree in Advanced Theatre Studies – Institut del Teatre and UAB  
Corazza Studio – Juan Carlos Corazza  
Bernard Hiller Studio  
Coaching with Jo Kelly  
Acting in English – Luci Lenox  
Fitzmaurice Technique – Anna Estrada  
Voice and Diction – Coralina Colom  
Shakespeare – Konrad Zschiedrich, Dugald Bruce-Lockhart  
Shakespeare Therapy Course for Autistic Children – Kelly Hunter  
Theatre School – Text I, II, III  
Memory School – Musical Theatre I, II, III  
Barcelona Musicians' Workshop – Singing and Saxophone  
Broadway Dance Center NY – Tap and Jazz  
Roseland School – Flamenco, Contemporary, Jazz, Bollywood  
Chamber Music Courses: Amado Cruz, Esteve Rovira, Pep Armengol, Paco Plaza  
Directing Workshops: Sergi Belbel, Tamzin Townsend, Silvia Munt

### PHYSICAL APPEARANCE

Height: 160 cm  
Shirt: S | Trousers: 36-38 | Shoe: 39  
Hair: Brown  
Eyes: Brown  
Stage Age: 45–55 years

### CONTACT

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📍 [Barcelona / Madrid](#) | [Edad aparente: 45–55](#)

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